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## NEWS-SENTINEL

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Vol. 27, No. 42 Wed., October 3, 1973

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### Editorial

Last Thursday, the Young Adults For Action (YAFA) held a practice session for their four football teams, as they usually do on each Tuesday and Thursday, at King Junior High in Seaside. These kids range in age from 11 to young adults, and each is putting forth his best in an attempt to bring glory to the city in which they reside.

I saw kids, who under normal circumstances would be at home playing with toys or out in the street getting into trouble, hitting the line like professionals. They were so fired up that when one missed a pass he would cry. A t times I thought the trainers were pretty rough on them, making them do two laps around the field, but I was assured that this was the best method of developing team spirit and discipline. I saw an 11-year-old, playing guard, take out a guard from the opposing line-up like a professional and it touched me deeply. BUT WOULD YOU BELIEVE THAT THEY DON'T HAVE A DECENT UNIFORM AMONG THE 100 OR SO KIDS ON THE PLAYING FIELD!

I saw kids whose jerseys were so tattered that the shoulder pads were plainly visible. I saw some kids with football shoes with cleats, playing against kids with tennis shoes on. I saw kids playing in their socks. It would have been different if all the kids had been black, for this is another of the indignities they have had to suffer, but many of the kids were white.

Yet this ragged bunch of kids, in three years, have developed into one of the finest group of young men that the city has had, for in those years they have amassed a record of 6-1-1, and 9-1-0. The city of Seaside should be ashamed of the lack of support.

The only kids in the four teams that have complete uniforms are those kids whose parents have been able to buy them something to play in. The parents have bought material to make pep squad uniforms for their daughters and spend long hours sewing to get them ready. The pride is in the teams. The problem lies in not having the support of the rest of the community.

When I say the City of Seaside should be ashamed, I am not just speaking about the city officials, but the merchants of Seaside who have taken so much from the community and have given back so little, who rushes home, after counting the tills in their cash registers, to Carmel, Pacific Grove, Del Rey Oaks, Monterey, Pebble Beach, Marina, and Salinas, who feel it is the duty of the citizens to support them, while they give nothing in return.

I am talking about the citizens who think nothing of going to the Hyatt House, Holiday Inn, Casa Munras, or other night spots and spend hundreds of dollars, but will not give one dime for those who are doing so much and asking so little.

I am talking about the new and used car dealers who spend thousands of dollars per month in advertising in papers outside the area, but their budget has been expended when it come to community support.

A ask you, which is better. To have those kids out practicing every day, learning to do something constructive, to develop into a citizen the community can be proud of, or turn loose those same kids to start shop lifting in your stores, breaking out your windows, or creating problems for the police. Your few dollars can make the difference.

Eventually one of these kids will be hurt because of a lack of uniforms and equipment. When this happens then who will really be at fault?

In talking with the trainers, they informed me that they have had to turn kids away because of no equipment. I found out that the total amount needed to properly equip these four teams is a paltry \$10,000. Well this paper will spearhead a drive to raise these funds, and we are asking your help. Each week we shall run the "Honor Roll" of merchants, organizations and citizens who lend their support. We shall encourage the citizens to support those organizations, businesses and groups that support them. I think this is only fair, for who supports you? Pebble Beach, Monterey, Pacific Grove, Salinas, Marina, Carmel or is it the citizens of Seaside?

### BUSINESS OF THE WEEK

#### STRONG SEWING MACHINE COMPANY



**STRONG'S SEWING MACHINE COMPANY, 344-B Reservation Road, Marina, is one of the finest sewing machine and vacuum cleaner repair shops on the Monterey Peninsula. The Seaside POST and News-Sentinel visited this business and conversed with Mr. Leo M. Strong, who informed**



**us that a large percentage of his business is obtained by his going to the home to make the repairs. His shop also sells new and used sewing machines, vacuum cleaners and all accessories for these equipments. You are invited to come by and get acquainted.**

### Registration Is Now Underway

Registration is now underway for the Fall dance exercises into session of activities offered by the YWCA of the Monterey Peninsula. Classes and group sessions begin the week of October 8. Each offering has a fee for members and a separate fee for non-members. A membership in the YWCA is \$4 for adults and \$1.50 for children and teenagers (6-17 years).

This fall the YWCA is initiating a special program of vocational, career guidance for adults. Group sessions and individual appointments will be used to search out the person's individual employment problems. The Career Guidance program can be especially important to those considering working for the first time, for people who have been out of the work force for a period of time and want to return, and for those now working who feel they have special problems that keep them from advancement and fulfillment on the job.

Certified psychologists lead the program conducting both group and private counseling sessions.

Diversity marks the complete line-up of recreation activities. A Slim and Trim class is being offered Mondays and/or Wednesdays, 9:30-10:30 a.m. at the USO Building, headquarters for the Monterey Peninsula YWCA. Mrs. Lou Collier

### Merit Finalists Named

Seaside High School seniors Gregory Brown and Dean Steede have been named semifinalists in the 1974 National Merit Scholarship Program, Principal James Solberg has announced.

The two youths will be competing for about 3,100 scholarships to be awarded in the spring. Semifinalists are chosen from among highest scorers in each state in tests given last October to more than one million students in 17,000 schools nationwide.

Brown is a Marina resident and Steede lives in Seaside.

### SCTA Opposes Proposition 1

The Student California Teachers Association (SCTA) has announced it has joined the growing number of state groups and organizations opposing Prop. 1, Governor Reagan's tax limitation initiative amendment, on the November 6 ballot.

"By a unanimous vote, Student CTA's State Executive Board voted the association's

opposition," said Michael Millerick, president of California's largest pre-professional student education association. "This represents a strong mandate by the Student CTA leadership to fight the governor's proposal.

"We will be urging our local leadership and membership to join with those of many other concerned civic and education groups in

pointing out that the proposal, Prop. 1, would actually cripple the state's ability to support education and other vital services," declared Millerick.

"When the Legislature is forced to cut state funding next year to comply with the unrealistic low expenditure limitation, as nonpartisan Legislative Analyst A. Alan Post has warned, you can bet that two of the first areas to go will be the state scholarship program and the various special education programs (i.e., early childhood education, educationally disadvantaged, Miller-Unruh reading programs, and so forth)," Millerick charged.

The latter, Millerick said, could contribute further to the growing teacher supply and demand imbalance by decreasing the already limited number of jobs available to prospective teachers.

"In addition," Millerick stated, "the whole concept of tuition-free public education will be subject to attack. There is a very real possibility that tuition will be raised significantly at the four-year college and university level as well as imposed at the community college level in order to raise spendable revenues."

For these reasons and others, Millerick announced that Student CTA will begin a voter education/registration drive on college and university campuses where Student CTA has chartered chapters. Information packets

and materials will be mailed to chapter leaders beginning early this week.

"Students must be informed as to the possible effect Prop. 1 could have on their future, as well as the future of education in this state," Millerick said.

### Good Seats Still Available For Symphony Concerts

Good seats are still available on a season ticket basis for the Monterey County Symphony's concerts in Monterey and Salinas even though the Carmel series is completely sold out.

The first set of concerts will be performed on Sunday, October 14, 8 p.m. at Monterey Peninsula College's gym-auditorium, Monday, October 15, at Sunset Center, Carmel, and Tuesday, October 16 at Madonna del Sasso Church, Salinas.

Featured artist will be Nina Sapiyevski, a young Polish concert pianist. Haymo Taeuber, Conductor and Music Director has chosen Bela Bartok's Piano Concerto No. 3 for her solo performance with the Orchestra. The Overture from "Tannhauser" by Richard Wagner opens the concert, and Beethoven's 6th or Pastoral Symphony completes the program.

In addition to Miss

Sapiyevski, solo artists for the new season will be Henri Honegger, violoncellist; Stuart Canin, violinist; Marian Marsh, soprano; Valentin Gheorghiu, pianist, and for the final May concert, Monterey Peninsula Choral Society with soloists and orchestra.

The 70-member Orchestra serves the Central Coast area and under the leadership of Haymo Taeuber, has achieved Metropolitan status, joining 78 other American orchestras in this class. Excellent programming and performances have resulted in ever increasing concert attendance. The prime attraction at each concert is the Orchestra and its eminent Conductor, Haymo Taeuber, now beginning his sixth season with the Symphony.

For a ticket application and detailed brochure, please call the Symphony office, 624-8511.

### Faces Around the Bay

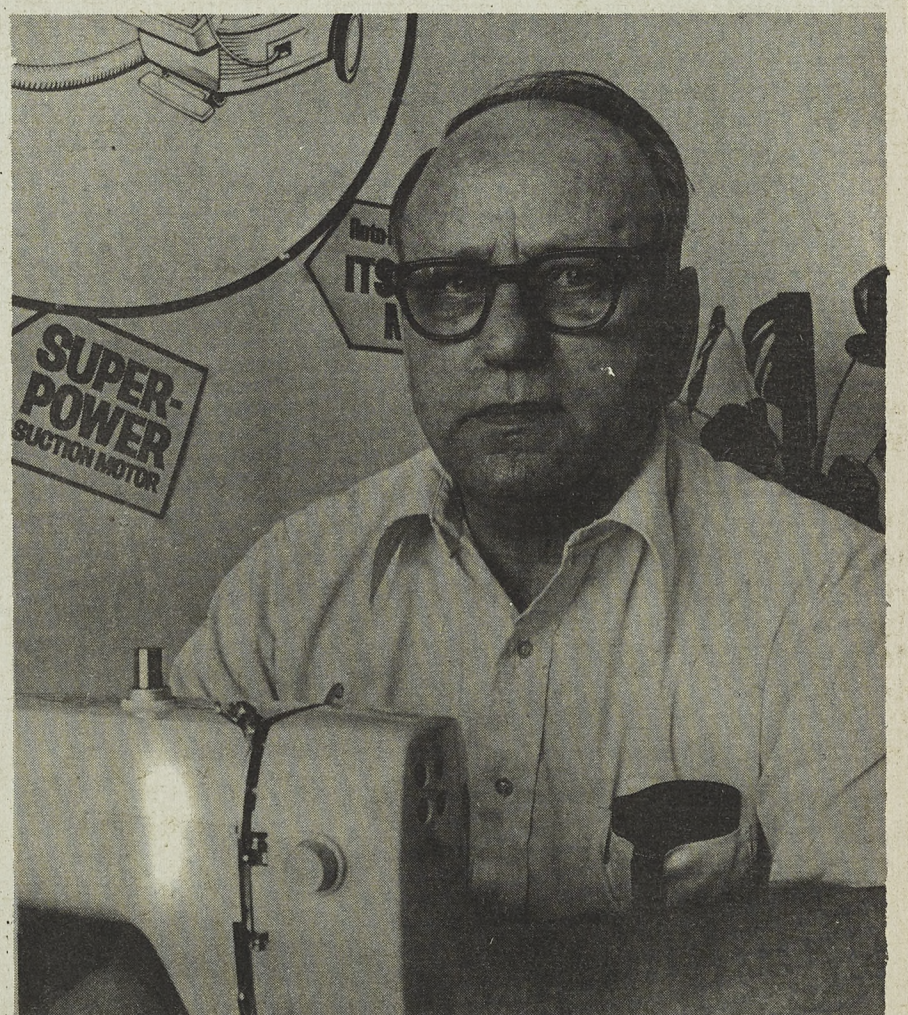


Photo by John Perkins

**LEO M. STRONG, Strong's Sewing Machine Company, 344-B Reservation Road, Marina, has been a resident businessman in Marina for 5 years. He has dealt with maintenance of sewing machines for 16 years with Englander Mattress Company in Los Angeles. He has completed 8,000 hours of apprenticeship training for sewing machine mechanic. He now resides in Pacific Grove with his wife, Ruth, and their son, John. His machine shop was formerly in Monterey until the relocation in Marina. (Photo by John Perkins)**





# Today's Army NEWS By SSG R. Cardwell ARMY RECRUITER

Hi everybody.

One of the fastest growing industries in this country is the electrical repair industry. It's also quite lucrative. It was reported recently that quite a few electricians in business for themselves, last year, made over \$20,000 annually. The question is how does a young high school graduate get to be an electrician? The National Joint Apprenticeship and Training Committee for the Electrical Industry, set up by labor and management groups, recommends a four-year apprenticeship program as the best way to learn all aspects of the electrical trade.

An apprenticeship usually requires about four years of on-the-job training plus a minimum of 144 hours of related classroom instruction each year. Students are instructed in electrical installation in residential, commercial and industrial electrical installations. Electrical layout, blueprint reading and theory and mathematics are also covered in detail.

Some young men find it difficult to find apprenticeships, however. They want to work and are anxious to learn, but local unions are filled or only hire once in a very great while. Many of these young men have discovered all the training and experience they need to get their careers off the ground in TODAY'S ARMY.

The Army sends its aspiring electricians to the renowned Army Signal Center at Fort Monmouth, New Jersey. There, they are taught fundamentals of electricity and work with basic audio amplifiers, microwave transmitters and modulators as well as advanced conductors and circuitry. Once they complete training at Ft. Monmouth, students are sent to the installation they selected prior to their enlistment.

Aside from getting the kind of training they couldn't get in their home town, the kind their next employer will demand if they decide to leave TODAY'S ARMY. Young radar repairmen are paid a starting salary of \$307.20 monthly with a promotion and another increase in pay in approximately 4 months. TODAY'S ARMY also provides room and board, complete medical and dental care and 30 paid vacation days annually.

For more information concerning opportunities in TODAY'S ARMY, please contact us at 431 Webster Street, Monterey or call 372-4742 - 372-0553.

## First WACS Complete Adventure Training

Looking very pleased with themselves and only slightly bedraggled after seven days in the wilderness at Hunter Liggett Military Reservation (HLMR), seven girls returned to Ft. Ord victorious as the first WACS to successfully complete official adventure training.

Training encompassed survival first aid, rescue and evacuation techniques, and included repelling, river crossing and setting traps for small game.

For the first time, members of the Women's Army Corps participated officially in such a realistic operation.

After about two months of preparation and training with advisors from the 8th Evacuation Hospital unit and the 56th Medical Battalion, the ween at HLMR was the culmination of their efforts.

Will the girls get to practice their hard-won know-how?

The 8th Evacuation Hospital unit plans to use them, when needed, to augment their Disaster Rescue Team.

One of the main objectives of this training effort was to establish a group of WACS capable of training other females who volunteer for such training in the future.

The seven adventures, all volunteers, are:

Sergeant Theresa Reddick and Specialist 4 Bonnie Sampsell of the WAC Company;

Specialist 4 Shirley Banks of the Mental Hygiene Counselling Service;

Specialist 4 Carolyn Devins of Headquarters and Headquarters Company;

Private First Class Jeri Finks of the 4th Brigade; and

Private First Class Melody Toner of the Directorate of Plans and Training Beach Range Division.

### Ord Wives

### 'Oktoberfest' Is Planned

The Fort Ord Non-commissioned Officers' Wives Club will host it's annual "Oktoberfest" dinner dance on October 12 at 7 p.m. at the Fort Ord NCO Club. Entertainment will be a German band and floor show.

The public is invited and those planning to attend may call Elvenia Sidener, 242-5833 or Iola Wiley, 395-0293.

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TOPS - Sergeant First Class Clarence E. Allmon (left), Third BCT Brigade Career Counselor, needs helping hand from his assistant, Sergeant First Class Donald Mlecze, as Third Brigade walked away with Commanding General's First Term Reenlistment Trophy for two months in row. Brigade doubled its goal for first term reenlistments during July and August 1973.

## Scouts To Attend Camporall

More than 2,000 Boy Scouts from troops throughout Monterey, San Benito and Santa Cruz Counties will participate in the annual "CAMPORALL," October 12-14 at Bolado Park, Hollister.

United under the theme "Growing Together," the Scouts and Scout leaders will participate in a three day program filled with fun and competitive events.

The Council-wide program, under the direction of Earl Boutelle, Council Commissioner, will begin with registration on Bolado Park from 6-9 p.m. on Friday, October 12. During the registration, a "Fellowship Campfire"

will be held, and all participants are planning to attend this opening event.

On Saturday, October 13, all units will participate in competitive events for special awards. Patrols will compete on patrol achievement rather than competition with other patrols.

## WE APOLOGIZE But It's Not Our Fault!!!



Your telephone call to Community Hospital of the Monterey Peninsula may ring several minutes before being answered. We are as unhappy about this as you are. Our operators respond within 60 seconds or less, but overloaded telephone company equipment holds calls for as much as 5 minutes before they ever get to our operators.

This situation will be corrected as soon as possible, we are told by the telephone company.

In the meantime, for a life-threatening emergency, use our Emergency Department hotline, 372-2233.

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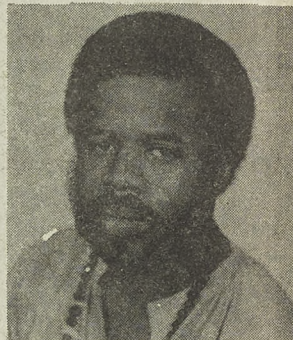
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# mary ellen

Mary Ellen / Social Editor

## MUCH ADO ABOUT NOTHING

The play "Much Ado About Nothing" presented by the Forest Theater Guild, has been held over. The smash hit played at the Rorest Theater, Carmel.

The Forest Theater Guild's producer for its 1973 presentation is Gunnar Norberg. Before coming to Carmel, he was a magazine editor in New York and at various times through the years, he has acted in local plays. Seven years ago Gunmar was general chairman for the City of Carmel's 50th Anniversary Celebration. Last year he was elected to the city council, and he is Carmel's vice mayor. He operates his own travel agency in Carmel.

The director, Charles Thomas, has had extensive acting and directing experience, both in network radio and on the New York stage. At one time, he was stage director for the New York Opera Guild. For some years he was a member of the permanent casts of the "March of Time" and "The Cavalcade of America" on network radio. During World War II army service, he organized and directed big soldier shows. Following wartime duty, he came to Carmel where he has become an important "abstract impressionist" painter. He is a three time past president of the Carmel Art Association.

Excellent acting ability was demonstrated by Ramon Wilson, Frank Favalora, Brink Harrison, Robert Bradac, David Hughes, William Lewis, John Hughes, Jeff Hudelson, Donald J. Ross, Lauren Kovach, Stephen E. Dirk, Gregory Floor, John Sullivan, Sandy McCormack, Mike Dirk, Charles Houghton, Tina Burz, Barbara Shuler, Frances Bankun and Gwyeth Hovick.

For those who don't know the play is set in the period from the middle of 1599 to 1601. It shows Shakespeare's career traversing a kind of plateau. "It was in general a period of suspended activity and indecision. The three great comedies of these years seem in their very titles to express a sort of carelessness: Much Ado About Nothing, As You Like It, and What You Will (i.e., Twelfth Night). Carelessness has seldom been so fruitful of delight. They are escapes from thinking, anodynes against worry, inclining heavily to prose in their style, and in their themes savoring more of the world of pleasant fancy than the world of strong imagination. Their mastery of form and balance of social judgment are superb. . . they mark a gracious interlude in Shakespeare's progress, a halcyon period when he was aware of his matured powers and as yet unwilling to urge them to new tasks."

Technical staff include technical director William Lewis; lighting director David F. Norman; and Virginia Worshan, costume designer.

The Forest Theater Guild is a non-profit, tax-exempt corporation, dedicated to the restoration of the name and fame of Carmel's once world-famous Forest Theater.

## THREE GLORIOUS WEEKS

Back from a three week vacation in the Bahamas and Jamaica is Mrs. Maurice (Betty) Mann, Counseling Aide, at Martin Luther King Junior High School of Seaside.

Mrs. Mann joined her sister, Mrs. Morra Holman of Chicago and a group of Mrs. Holman's friends in Montego Bay. The entourage from Chicago were ladies whose club, "Fun Unlimited," accompanied by their high-spirited agent, spent a fashionable and enjoyable time in Jamaica. Mrs. Mann and the group, proceeded on to lively Nassau, where they were guests at the Sonesta Beach Country Club, one of Nassau's newest and finest hotels.

The night prior to the travel agent's departure to Chicago, a cocktail and dinner party was hosted in her suite by the agency. A variety of delicious foods were served and potent cocktails enjoyed. True to its name, "Fun Unlimited," had fun.

The highlight of Mrs. Mann's trip in Nassau was the "Paradise Island's" casinos. Having a "black tie" atmosphere, women were afforded the opportunity to wear their fashionable evening gowns and latest cocktail attire.

A daily lounge on a boat was also enjoyed by Mrs. Mann and her friends. A deep sea fishing excursion was very exciting. Betty went on to say, the captain of the boat dived and caught lobsters, which were later roasted on one of the islands and enjoyed by all.

Mrs. Mann, with her husband and three children, resides in Seaside. Her daughter, Maurya, attends school in San Jose, while her son, Billy, studies at UCLA. Marc, the youngest attends school on the peninsula.



**ASKS FOR HELP** - David Craig Smith of Watsonville has been named local March of Dimes poster child for annual March of Dimes campaign to prevent birth defects. Foster son of Mr. and Mrs. Joe Vyeda, David was born with Spina Bifida (Open Spine).

## YWCA Registration

Continued from page 1

Tuesday evenings, 7:30-9 p.m., Norman McBride, a second degree Black Belt jodo expert, instructs in the practical art of self-defense. Classes will be held in the multi-purpose room of Larkin Elementary School, located at the corner of Scott and Watson Streets in Monterey. Thursday afternoons from 1-2:30 the YWCA is hostess to members of the Peninsula's foreign-born community. Over coffee, members and guests hold conversations to improve command of the English language, at the same time sharing ideas and experiences. This program is open to both those with no knowledge of English or those with a brief acquaintance. There is no charge for this weekly gathering. Father Dennis Guilbert teaches Beginning Folk

Guitar each Thursday from 4-5 p.m. at the YWCA.

YWCA classes and activities are open to the public, to youth, men and women. Except where indicated they are held at the YWCA's headquarters in the USO Building at the corner of Webster and Camino El Estero in Monterey.

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## Monterey Has New Babysitting Class

Kay Russo, Recreation Supervisor for the City of Monterey Park and Recreation Department announces a new program to be offered at the Monterey Youth Center.

A Babysitting Class, open to boys and girls ages 8 to 14 is scheduled to begin Thursday, October 4 and will continue for 10 consecutive weeks from 4 to 5 p.m. The class is designed to instruct boys and girls in the fundamentals of babysitting, emphasizing responsibilities and techniques of proper child care. Basic first aid will also be covered. Upon successful completion of this course each participant will receive a letter of recommendation from the Monterey Park and

Recreation Dept. Registration fee is \$5 for Monterey residents and \$6 for non-residents.

Interested youngsters who wish to enroll in the class are asked to register at the first class meeting at the Monterey Youth Center. The instructor of these classes will be Nancy Buhavac.

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**PASTRIES**  
**GRAF'S AUSTRIAN PASTRY SHOP**  
215 - M Reservation Road 384-0233  
Gunter & Irene Graf  
(INSIDE POP'S RESTAURANT)  
**LIQUOR**  
**ROGER'S MARINA LIQUORS**  
215 - P Reservation road 384-7922  
Roger Haythornwaite  
**DRY CLEANING**  
**MARTINIZING I - HOUR CLEANING**  
215 Reservation Road 384-7551

More consumer service tips from PG&E: "Clip and Save"

## How to light a gas pilot.

You needn't be uneasy about relighting a gas pilot. It's an easy, quick and safe procedure when you follow these simple steps:

**Gas Range:** Before lighting a pilot on your gas range, be sure all burners are turned off. Check your owner's manual for the location of the pilot and touch a lighted match to the opening. For maximum heat with minimum use of fuel, the burners should burn with a light blue flame.

**Furnace:** If your furnace pilot goes out, turn off the main burner valve first. Allow a few minutes for gas to clear before relighting the pilot, then turn back on, or follow the manufacturer's instructions which appear on most furnaces.

**Water Heater:** The main burner on a modern gas water heater will not operate if the pilot goes out. To relight a water heater, set the control to "pilot" and follow manufacturer's instructions.

Never look for a gas leak with a lighted match, candle or any other flame.

If all your gas pilots are lit and you smell gas, call us immediately and we'll send a serviceman to investigate. If you are unable to light a pilot, we'll help. A plumber, appliance repairman or furnace man should be called if any appliance needs repairs or parts. **PG&E**



## News Roundup

THE FORT ORD NON-COMMISSIONED OFFICERS' WIVES CLUB will host it's annual "Oktoberfest" dinner dance on October 12 at 7 p.m. at the Ft. Ord NCO Club. Entertainment will be a German band and floor show. Open to the public. For information call Lenia Sidener, 242-5833.

A UNITED STATES AIR FORCE DISPLAY of modern, sophisticated aircraft will be on display inside Northridge Center, Salinas from October 12 to Oct. 22, from 10 a.m. daily. The public is invited. For information call Public Relations, 449-7226.

THE SEASIDE COMMUNITY CHOIR, sponsored by the Seaside Parks & Recreation Department will hold auditions and practice weekly beginning October 3, at the Highland Elementary School in the multi-purpose room from 7:30 to 10 p.m.

All students age 14 to 23 are WELCOME! The choir is going to EXPO '74 in Spokane, Washington - Come out and Join Us!

For further information call Marion C. Woodie 394-2719, Choir Matron - or Seaside Parks & Recreation Dept. Marty Feliciano, 394-8531, ext. 58.

THE MONARCH MIXERS SQUARE DANCE CLUB is starting a beginner class on Monday nights at 8 p.m. at the Pacific Grove Rec Club, 16th and Laurel.

The club regularly dances on Wednesday nights at the same place. Anyone who has danced before and would like to brush up is welcome to come on that night.

This is a family oriented group and young people age 12 and up are welcome to learn along with their parents. The caller-instructor is Earl Reese of Seaside.

THE SEASIDE TWIRL CLUB, under the direction of Jenny England, and sponsored by the Seaside Parks & Recreation Department, will open their beginning and advanced beginning classes to elementary and junior high age girls.

The classes will be held at 2 elementary schools Tuesday: Del Rey Woods, 3:15 - Grades 1 thru 6; 4:30 - Grades 7 thru 9. Ord Terrace, 3:30 - Grades 1 thru 6; 4:30 - Grades 7 thru 9.

The registration fee is \$7.50 a month. So, come on girls, come out and join the fun!

THE CITY OF MONTEREY PARKS & RECREATION DEPARTMENT is offering new courses under their newly developed Cultural Program.

Every Tuesday and Thursday for 10 weeks, they are offering a Beginning Photography Class. The classes are open to everyone over 12 years of age. In cooperation with the Camera Shop at 763 Light-house Avenue, in New Monterey, darkroom techniques will also be offered.

Registration for this program is now being taken at the Monterey Parks and Recreation Department, 546 Dutra Street, with a maximum of 20 students in the class.

Cost has been set at \$25 for Monterey residents and \$28 for non-residents which includes the lab fee. Students are required to bring 35mm or 120 focusing cameras in addition to their own paper. Film will be available at cost. Blue Baumgarten, a Peninsula photographer for many years, is the instructor. She says a full day field trip is planned.

For further information, call the Monterey Parks & Recreation Department at 372-8121, ext. 281.

REGISTRATION IS NOW OPEN for two mornings of Pre-School activities at the YWCA for children ages 2-1/2 to 5 (must be toilet trained). The program is held in the USO Building, located on the corner of Camino EL Estero and Webster Street in Monterey. Activities go from 9 - 12 noon and include arts & crafts, music, games, feeding the ducks across the street, etc. A snack will be provided.

The program operates both Wednesdays and Fridays; if mothers bring their children both days, the cost is \$10 per 6 week session. If they bring them only one day per 6 week session, the cost is \$5. If mothers desire, they will have a chance to become involved in the program planning and to observe their children in action one morning during the 6 week session.

For more information phone the YW at 373-1713. Registration will be for the 6 week session beginning Oct. 3 and ending Nov. 7. These 6 week sessions will be continuing throughout the year.

ON FRIDAY, OCTOBER 5, THE SALINAS PUBLIC LIBRARY will begin a "Classic Film Series" with the Marx Brothers in ROOM SERVICE. Groucho, Harpo and Chico are up to their usual tricks in this 1938 comedy, regarded by many as one of their best.

The series will feature important American films of the 30s, 40s and 50s, including some comedy, some drama and a musical.

Other films are: MACBETH, director by and starring Orson Wells; THE WILD ONE, starring Marlon Brando and Lee Marvin; MARCH OF THE WOODEN SOLDIERS, a Laurel and Hardy full length comedy; THE CAINE MUTINY, starring Humphrey Bogart and Van Johnson; NOTORIOUS with Cary Grant and Ingrid Bergman; TOP HAT, one of the delightful Fred Astaire and Ginger Rogers musicals; and a W.C. Fields Festival comprised of three of his better known short films.

Each of the films will be shown in the City Hall Rotunda the first Friday of each month at 7 p.m. No admission will be charged.

THE DEMOCRATIC WOMEN'S CLUB of Monterey County will sponsor a buffet supper, October 11 at the Sunset Center, in Carmel at 6 p.m. to honor Congressman Jerome Waldie, gubernatorial candidate.

## Your Mayor Reports



by Joe Dolan

**Complaints/Grievances**  
During the past seventeen months approximately three hundred complaints have been submitted to me. These complaints or grievances covered all aspects of our lives and, in each instance, were of considerable importance to the individuals making the complaints.

Equally important, it seems to me as an elected official, is the follow up necessary to assure that a citizen's justified complaint is expeditiously processed, resolved, and that a prompt reply is rendered to the citizen making the complaint.

In the past, I have encouraged and solicited citizen involvement/participation in working with your elected officials to solve our collective problems. Your elected officials don't pretend to have all the answers. A serious complaint, not yet resolved, is the alleged poor quality of water service. This latter

complaint is cited as an example of our citizens (fifty initiated a petition P.U.C.) working concert with the Council to focus attention on a long neglected grievance.

It has been my policy to attempt to thoroughly investigate all legitimate complaints that come to my attention. This policy will be continued with one exception. Any citizen desiring to lodge a complaint against the Seaside Police Department, or Police Personnel, is requested to execute a CITIZEN COMPLAINT FORM at the Police Department. These forms are available 24 hours a day. The Chief of Police will direct a complete, factual, and unbiased investigation to be conducted. In every case, the Report of Findings will be provided to the complainant.

In the event the Complainant is not satisfied with the Findings as presented he has the recourse of bringing the complaint to the City Manager, or Council, or can contact the District Attorney to request charges be filed.

And again, I want to convey my thanks to all our Agency, Commission, and Board Members who contribute their time, energies, and personal sacrifices - without any pay whatsoever - for Seaside's progress.

## Bob Wood Reports

We hear more frequently about making certain areas into parks, reserves, state beaches, preserves or some other designation. We began to realize that many of us don't really know what the difference is. Because of this, we have tried to find out so we can pass the word on to you folks at home.

We have found that they are all commonly referred to as "parks", but there are really several different kinds of units within a state park, such as:

**Wilderness Areas:** This is an area where the earth and its community of life are untouched by man. There are no "wildernesses" in Monterey County.

**Parks:** These are areas with outstanding scenic, natural or cultural values; they preserve the most significant examples of California's varied ecology. Peiffer Big Sur State Park is probably the most prominent park in our area.

**Reserves:** These are areas that embrace scenic or natural characteristics of statewide significance, where unique fauna or floral characteristics, geological features, and other natural associations are preserved. Day use only is permitted in these areas. Point Lobos is a State Reserve.

**Historical Units:** Areas established to preserve objects of historical interest and places commemorating important persons or historical events. The City of Monterey is rich with numerous historic buildings as part of the Monterey State Historic Park.

**Recreation Units:** These are areas developed primarily to provide outdoor recreational opportunities. There are five sub-classifications:

1. Recreation Areas: Four multiple outdoor

activities.

2. Underwater Recreation Areas: For surface and sub-surface water oriented recreation.

3. Vehicular Recreation Areas: To provide an area for dune buggies and other off-road vehicles to keep them off of areas with a fragile ecological system.

4. Beaches: Areas fronting on water designed to provide swimming, boating, and fishing and other beach-oriented recreation.

## Health and Welfare Report

### Cancer Quackery In California

by Earl Brian  
California Secretary of Health and Welfare

An extract of apricot pits to cure cancer? Ridiculous!

Yet each year literally hundreds of normally intelligent men and women waste millions of dollars on just such a worthless 'miracle drug'.

Laetrile, the trade name for this concoction, is the latest in a long series of quack 'cures' for cancer. Illicit traffic in Laetrile is bilking trusting, distraught cancer victims of millions of dollars. More tragically, many lives that might be saved will be lost because of this heartless exploitation of human suffering and fear.

The cancer patient often is easily frightened and has great apprehension about what may lie before him. When he delays or interrupts prompt scientific treatment, he does not realize that suffering—and possibly death—could be his fate.

Why does he listen to those medical quacks? There are several reasons, all involving deceit and misrepresentation.

A number of organizations operating in California would like you to believe Laetrile is not generally available because of a conspiracy between the medical profession and the American Cancer Society to suppress any really helpful treatment. These loosely knit organizations parade



by Verlaine Crawford

Tremendous response has led to the sale of many tickets for the Military-Community "Old-Fashioned Picnic" to be held at the Monterey County Fairgrounds this Sunday, October 7, from 12 Noon to 6 p.m. Merchants in Seaside have purchased nearly 3000 tickets thus far to pass out to their customers (military and civilians are both welcome to attend).

Tickets are also being sold to merchants in Monterey, Pacific Grove, Marina and

## As I See It

by Mel Vercoe



all over the world to see it, yet many of the residents never give it a thought except maybe to complain about the foghorn.

A few of us, including myself, hate to see the beauty of the Peninsula destroyed with freeways and back-to-back apartment complexes. But it took a vacation trip up the coast of California, Oregon and Washington and up into the unspoiled beauty of the new Cascade Pass highway region in northern Washington to really see what has happened to the Monterey Peninsula.

Quite frankly, the much advertised beauty of the Monterey Peninsula can't compare at all with as least a dozen areas I went through, not because the nature shorted the Peninsula on beauty, but because of the rampant development. Sixteen times as many people per square mile they, too, nation?"

Nor, do such citizens ask: "Where will the money come from, to go to the moon? Then to Mars? Then to planets still further? Then to more astronomical reaches of the universe? Hundreds of billions, trillions, quadrillions—expenditures without an end? Where will the money come from for foreign military aid, and for foreign 'aid' that mostly winds up in secret sales on the black market or a Swiss bank account of some foreign dictator? Or, where will the money come from that is wasted in government—the high booze bill of the State Department, the cloak-and-dagger hidden expenses of the Central Intelligence Agency, the stupid programs that gets nowhere, or good programs that hardly get off the ground—that merely pays an army of bureaucrats who draw up futile plans, the vast waste of our over-fat government on every level?"

For shame, that when it comes to helping those in need—especially elderly, decent and constructive folks, who toiled most of their lives in useful endeavor, that anyone can feel an urge to exclaim: "Where is the money to help them, in their few remaining days, coming from?"

## Letter To The Editor

Editor:

Congressman John R. Rarick reports that "the biggest international power grab in the 27-year history of the United Nations is being pulled off with the approval and support of President Nixon and with the advice and consent of both houses of Congress."

If the Seabed Treaty becomes law, over 70% of the earth's surface will be placed under control of the United Nations. This is a threat to every nation's sovereignty. With the income from the Seabed Treaty the U.N. will be able to finance equipment and maintain an "international" police force to control the seas. This concept is alien to American ideals and independence.

Write to President Nixon and to your Congressmen to stop this power grab before it's too late.

Sincerely,  
C. C. Moseley,  
Glendale, CA

Editor:

I was at a meeting of a group, as a guest. Someone expressed a view that the government should do far better for the elderly retired. Immediately a voice was heard: "Where will the money come from?" A feeling of anger was unmistakably in its tone.

Who has not listened to such venting of feeling, often? Are such remarks not usually made when some kindly and concerned person wants Americans of low income to share in the American Dream? When civilized values, moral compassion, and regards for our fellow men having a tough time keeping body and soul together, are expressed? When some fine citizen points out that our government of the people, by the people, and for the people should be interested in the millions of people who are at the bottom of the economic ladder? When he points to the majority of the 25,000,000 folks on social security retirement, who are at their wit's end trying to get by on inadequate income, and says: "There, but for the Grace of God is YOU and I?"

How easy it is for those unfeeling ones whose incomes are comfortable, or considerable, to sneer: "Where will the money come from?" But, not all such individuals mean ill-will. Some may truly desire to know whether the government can come up with the millions and billions needed to greatly increase social security payments to the retired, to pay fully for the medical expenses including dental, hearing aid and eye-glasses bills. Yet all such people (those of ill-will and those who really want the answer) keep quiet as a mouse, when the government wastes all sorts of money! Play deaf, dumb, and blind! Never utter a peep to ask: "Oh, government, have mercy! Where is the colossal amounts of money going to come from?"

"Yes, where will the hundreds of billions of dollars come from, needed to get mixed up in a fracas in far off Korea? Yes, where will the hundreds of billions come from, for the world's mightiest military power—our beloved country—to get mixed up shortly thereafter in a land, naval and air attack for years and weary years, in another civil strife in distant Vietnam? At a cost, according to an economist—estimated about a year ago, of easily a trillion dollars—all told expenses—by the year of 2000, if the war had ended then?"

Nor do such individuals wonder out loud—or even silently: "In Heaven's Name, where will the money we think building more come from for raising Congressmen and Senators' salaries a very hefty amount? Where will the money come from for the President's luxurious sixteen times as important as saving the countryside. Those at their people's expense? Where will the money come from that the government spends on the and Oregon and northern California just 'security'? Where will the money come from that happen to be a little big the Pentagon feels it needs so that the more might behind us. Their turn our nation becomes the more insecure it feels, and will come. With a little more tourist advertising dlessly helping to perpetuate a world armaments and three or four times race that history shows can only end in was—surely too many people per square mile they, too, nation?"

Nor, do such citizens ask: "Where will the money come from, to go to the moon? Then to Mars? Then to planets still further? Then to more astronomical reaches of the universe? Hundreds of billions, trillions, quadrillions—expenditures without an end? Where will the money come from for foreign military aid, and for foreign 'aid' that mostly winds up in secret sales on the black market or a Swiss bank account of some foreign dictator? Or, where will the money come from that is wasted in government—the high booze bill of the State Department, the cloak-and-dagger hidden expenses of the Central Intelligence Agency, the stupid programs that gets nowhere, or good programs that hardly get off the ground—that merely pays an army of bureaucrats who draw up futile plans, the vast waste of our over-fat government on every level?"

For shame, that when it comes to helping those in need—especially elderly, decent and constructive folks, who toiled most of their lives in useful endeavor, that anyone can feel an urge to exclaim: "Where is the money to help them, in their few remaining days, coming from?"

With best wishes,  
George Herman,  
Marina



## Film Of Mexico To Be Shown

Explorama has announced their 1973/74 series of feature length color travel adventure film documentaries. The new season consists of eight films, all with in-person narration by their producers and will be screened in ten Bay Area cities.

The premiere showing of a new film entitled "Winter in Mexico" has been billed as the opening event of the season and will be shown at 8:15 p.m. Friday, October 12 at the Sunset Cultural Center Auditorium in Carmel. The program will be narrated in person by its producers, National Geographic lecturers Lisa Chickering and Jeanne Porterfield.

The film has been in production for over two years. The photographers spent over a year on location in Mexico doing the filming. The film has been acclaimed as the finest documentary every produced about life in Mexico. It was shot on location in Mexico, City, San Miguel De Allende, Taxco, Acapulco, Puerto Vallarta, San Blas, Mazatlan, Lake Chapala, Cuernavaca, Guadalajara and at the Mayan Ruins of Chicken Itza and Uxmal and the ruins of Teotihuacan.

Lisa Chickering and Jeanne Porterfield, the producers were recently honored with Blue Ribbon awards at the American Film Festival. They also have their own film company and their assignments have taken them to all corners of the World. In addition to motion picture photography, they also do still work

and have had exhibits in Washington, New York, London and Paris.

Reserved seat single tickets and series tickets are now available at all Macy's stores, Julia Marlow Box Office, Sunset Center in Carmel and Abinante Music Store in Monterey. A brochure describing the series is available by writing to or calling Explorama, 609 Sutter Street, San Francisco 94102 - (415) 771-4733.

## Talcott Aide Resigns

Congressman Burt L. Talcott, has announced the resignation of his District Field Representative Richard D. Reddick of Salinas. "It is with a great deal of regret that I announce Reddick's resignation as he has been a faithful friend, employee, and servant to the constituency of the 12th Congressional District. He brought a sense of dedication and enthusiasm to the district which has proven invaluable in assisting constituents experiencing problems with the Federal government," Talcott stated.

Reddick, who has been with Talcott since the Summer of 1972, will be returning to private

enterprise in Southern California during October. He had been a newspaper publisher and advertising executive in Southern California after his graduation from the University of Southern California in 1960.

Immediately previous to coming to Salinas for the Congressman, Reddick had worked for three years for the California State Senate in Sacramento.

Harvy Hancock, of Carmel, has been appointed acting field representative.

### PASS THE POST

When you have finished with your copy of The POST, pass it on to a friend or relative.

### Tony Shane Clark

Tony Shane Clark of Fort Ord, September 23, 1973. Beloved son of Mr. and Mrs. Joel Clark of Fort Ord.

A native of California, age 3 years.

Services were held Friday, September 28, 1973 at the Myers Funeral Home in Porterville, California. Interment followed at the Porterville Cemetery in Porterville, California.

For further information please call 394-1406, Michael R. Sonnenberg, 1610-1406.

## Obituaries

Funeral Director. Local arrangements by SEASIDE MORTUARY, 1610 Noche Buena St., Seaside.

Waldemar Gordon Snyder

Waldemar G. Snyder of Napa, California, September 23, 1973. Loving father of Stephen and Gregory Waldemar.

A native of Modesto, California, age 33 years. Services were held Friday, September 28, at 2 p.m. at Chapel of the Pines, 2855 Cold Springs Road, Placerville, California. Interment followed at Westwood Hills Memorial Park, Placerville.

For further information, please call 394-1406, Michael R. Sonnenberg, Funeral Director. Local arrangements by SEASIDE MORTUARY, 1610

Noche Buena St., Seaside.

Joan Francis Vereen Joan F. Vereen of Seaside, September 18, 1973. Beloved wife of Fred C. Vereen of Seaside; loving mother of Douglas, Linda, Patricia, and Tara Vereen of Seaside; loving daughter of Mr. and Mrs. Cyril Robinson of Oxford, England; loving sister of Margaret Anderson of St. Petersburg, Florida and Rosemary Smith of Oxford, England.

A native of Oxford, England, age 42 years. Services were held Friday, September 21, 1973 at 2:30 p.m. at SEASIDE MORTUARY, 1610 Noche Buena St., Seaside, with a U.S. Army Chaplain officiating. Interment followed at Mission Memorial Park, Seaside.

For further information, please call 394-1406, Michael R. Sonnenberg, Funeral Director. Arrangements by SEASIDE MORTUARY.



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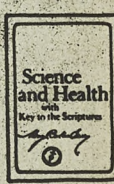
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Kiddies favorite entertainer.  
45 mins. of hilarious fun.  
\$12.00. Birthday parties, or  
any occasion. 373-5825 (P. R.  
TFN)

#### Real Estate

##### No Down - G.I.

3 Bedrooms, 1-1/2 baths.  
\$23,500. Brand new wall to  
wall carpeting and linoleum  
throughout this home. We are  
willing to talk just about any  
kind of financing and move in  
qualified buyers immediately.  
**ADELINA DILORENZO**  
**REALTOR. MEMBER**  
**MULTIPLE LISTING IN-**  
**SURANCE-INVESTMENT.**  
CALL 394-3311 ANYTIME.

2 Bedrooms, small but with  
low monthly payments of \$110  
per month on assumable FHA  
loan or obtain new financing.  
Good Seaside location near  
stores and bus lines. \$18,000.  
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##### Victor S. Velissaratos

**Realtor**  
899-3800 to inspect property.  
If you prefer to write, address  
P.O. Box 387, Monterey, Ca.  
93940

**Marina - No Down G.I.**  
with quick possession, 3  
bedrooms, 2 baths, family  
room with fireplace, double  
garage. G. I. appraised at  
\$35,500. Conventional terms  
also available.

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#### Spiritualists

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**MRS. SANTOS - Spiritualist &**  
**Card Reader.** Help in all prob-  
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With This Ad \$2.00. 452-4315

#### Special Services

Reduce Safe & Fast with Go-  
Bese Tablets & E-Vap "water  
pills". Seaside Rexall Phar-  
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GoBese Vitamin E Cream, the  
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Only \$1.98. Seaside Rexall  
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**BURGLAR ALARMS** de-  
signed, created and install-  
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Guaranteed. 384-9446 or 384-  
6163.

#### Work Wanted

Experienced Cleaning Team  
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# SHOP SAFEWAY....SAVE MONEY!

**GERBER**  
Baby Food, Strained Fruits & Vegetables—Reg. Size  
**EXTRA VALUE 10¢**

**CAKE MIX**  
Betty Crocker, All Layer Varieties  
**SS 33¢**

**Peanut Butter** **SS 99¢**  
Nu-made, Chunky or Creamy—28-oz.

**Tomatoes** **25¢**  
Gardenside—28-oz. Can

**Green Beans** **25¢**  
Town House, Cut or French Sliced—16-oz.

**Stewed Tomatoes** **20¢**  
Town House—16-oz. Can

**Lalani Pineapple** **42¢**  
Chunk, Crushed or Sliced—20-oz.

**Egg Noodles** **35¢**  
Golden Grain, All Widths—12-oz. Package

**Applesauce** **20¢**  
Town House—16-oz. Can

**Juice Drink** **SS 49¢**  
Grapefruit, Treesweet—46-oz.

**Sweet Peas** **20¢**  
Highway—16-oz. Can

**Soup Mixes** **23¢**  
Golden Grain, All Varieties—Reg. Pkg.

**Potato Chips** **49¢**  
Party Pride, Regular, Dip or BBQ—Reg. Pkg.

**JUICE**  
Del Monte Tomato  
46-oz. Can  
**EXTRA VALUE 33¢**

**GRADE AA EGGS**  
LARGE SIZE  
Cream O'The Crop  
Dozen **79¢**

**SUGAR**  
Empress  
5-Pound Bag  
**EXTRA VALUE 69¢**

**KLEENEX**  
Facial Tissue, White or Colors—200 Count  
**SS 25¢**

**Spaghetti** **52¢**  
Golden Grain, Long  
2-lb. Package

**Whole Corn** **20¢**  
or Cream Style  
Town House—17-oz. Can

**LYSOL SPRAY**  
Disinfectant  
14-oz. Can **\$1.29**  
**SS**

**REYNOLDS WRAP**  
Aluminum Foil  
25 Sq. Ft. **SS 19¢**

**MUSHROOMS**  
Erlands  
Stems & Pieces  
2-oz. Can **16¢**  
**EXTRA VALUE**

**TIDE**  
DETERGENT  
49-oz.  
**SS 81¢**

**BREAD**  
Safeway Premium, Reg. or Sandwich  
1 1/2-lb.—(Reg. Price 44¢)  
**EXTRA VALUE 39¢**

Save On Frozen Foods At Safeway!

**Lucerne Sherbet**  
All Flavors  
Quarts **SS 39¢**

**Pound Cake** **SS 79¢**  
Sara Lee—11 1/4-oz.—Each

**Vegetables** Birds Eye, International Varieties—10-oz. (Danish, Parsi, Swiss, etc.) **52¢**

**Jeno's Pizza** Assorted Pizzeria—16-oz. **\$1.79**

**Bridgford Bread** Three 16-oz. Loaves **73¢**

**Cool Whip Topping** Birds Eye—9-oz. **61¢**

**SS Stouffer's Cake** Iced Cupcakes or French Crumb Cake—10-oz. **69¢**

**Cereal, Cookies, Mixes**

Wheat Hearts Hot Cereal—28-oz. **63¢**

Busy Baker Cookies Big Family Assortment 1 1/2-lb. Package **69¢**

Saltine Crackers Busy Baker—1-lb. Carton **37¢**

Layer Cake Mixes Mrs. Wright's—Regular Package **37¢**

Blueberry Muffin Mix Betty Crocker—13 1/2-oz. Covered Wagon—2-lb. (Pack Train Syrup 32-oz. 59¢) **59¢**

Pancake Mix **39¢**

**Health & Beauty Aids**

Hand Lotion Touch of Sweden—8-oz. (Truly Fine—16-oz. 69¢) **73¢**

Shampoo or Creme Rinse, Truly Fine—16-oz. **69¢**

Dippity Do Setting Gel, Extra Hold—8-oz. **98¢**

Alka Seltzer For Headache and Upset Stomach 25 Count **63¢**

Safeway Aspirin Guaranteed Quality—200 Count **35¢**

**Tea & Coffee**

Canterbury Tea Black—Carton 48 Bags (Lipton Carton 48 Bags 67¢) **49¢**

Safeway Coffee Pre-Ground—2-lb. Bag **\$1.55**

Instant Coffee Crystals Folger's—10-oz. (4-oz. \$1.20) **\$1.52**

Safeway Instant Coffee 10-oz. Jar **\$1.12**

Edwards Coffee Rich in Colombian Coffees—2-lb. (1-lb. Can \$1.05) **\$1.79**

Folger's Coffee 2-lb. Can (1-lb. Can \$1.05) **\$1.89**

Folger's Coffee 3-lb. Can (Edwards 3-lb. \$2.79) **\$2.93**

**Household Helpers**

**SS Dishwashing Compound** White Magic 50-oz. **69¢**

Oven Cleaner Dow, Aerosol—8-oz. (White Magic 8-oz. 64¢) **79¢**

Spray'n Vac Glamorene Rug Cleaner—24-oz. For Dishes **\$1.83**

Liquid Detergent White Magic—22-oz. **49¢**

Deodorant Soap Truly Fine, Bath Size 5-oz. Bar (Complexion Bar 3 1/2-oz. 10¢) **15¢**

**Wine Selections**

Green Hungarian Wine, Weibel—5th **\$2.25**

Buzzoni Chianti Red Table Wine—5th **\$1.42**

La Mesa Vin Rose Wine—1/2 Gallon **\$1.79**

Mountain Castle Wines All Varieties Gallon **\$2.89**

Italian Swiss Pink or Gold Chablis Wine 1/2 Gallon **\$2.19**

Chateau La Salle Christian Brothers—5th **\$2.10**

Charles Krug Burgundy or Vin Rose Wine—5th **\$2.25**

**Grenache Rose**  
Almaden Wine  
Fifth Bottle **\$1.89**

## SAFEWAY MEAT PRICES ARE DOWN!

**Round Steak**  
Full Cut, Bone-In,  
USDA Choice  
Grade Beef—Lb. **99¢**

**Chuck Roasts**  
Including Center  
Cuts, USDA Choice  
Grade Beef—Lb. **77¢**

**Leg of Lamb**  
USDA  
Choice Grade  
Lamb—Lb. **99¢**

**Top Sirloin Steak**  
or T-Bone or Porterhouse  
USDA Choice Grade  
Your Choice—Lb. **\$1.88**

**Lamb Shoulder Roasts**  
USDA Choice Grade  
Lamb—Lb. **79¢**

**1/3 Loin Pork Roasts**  
From Small,  
Tender, Eastern  
Porkers—Lb. **88¢**

SHOP SAFEWAY . . . SAVE MONEY!

Rib Steaks USDA Choice Grade—Lb. **\$1.79**

New York Steaks Choice Grade—Lb. **\$2.49**

Sirloin Tip Roasts USDA Choice, Boneless—Lb. **\$1.49**

Standing Rib Roasts USDA Choice, Boneless—Lb. **\$1.49**

Corned Beef Brisket Shenson's, Kosher or Plain—Lb. **\$1.39**

Regular Chuck Steaks USDA Choice, Boneless—Lb. **89¢**

Fresh Beef Brisket Safeway Brand, Boneless—Lb. **\$1.39**

Crossrib Roast Boneless, USDA Choice Grade Beef—Lb. **\$1.26**

Fresh Fryer Parts Foster Farms, Breast, Drumsticks or Thighs—Lb. **99¢**

Loin Lamb Chops Small, USDA Choice Grade—Lb. **\$1.89**

Lamb Rib Chops USDA Choice Grade—Lb. **\$1.79**

Round Bone Chops USDA Choice Grade—Lb. **\$1.39**

Lamb Blade Chops USDA Choice Grade—Lb. **\$1.09**

**Armour Star Turkeys**  
**TOMS**  
All Sizes  
—Lb. **79¢**

**Beef Plus Patty Mix**  
T. M. Reg.  
A Blend of Ground Beef and Textured, Hydrated Vegetable Protein—Use Like Ground Beef—Lb. **69¢**

**Stouffer's Frozen Items**

**Soups** Beef & Vegetable or Clam Chowder—8-oz. **SS 25¢**

(Split Pea, Spinach or Minestrone—Regular Size 29¢)

**Entrees** Macaroni & Cheese, Potatoes Au Gratin, or Spinach Souffle Regular Size **45¢**

**Stock-Up Values**

Cucumber Chips Zippy Fresh Pack Pickles—15-oz. **35¢**

Strawberry Preserves Empress 28-oz. Jar **\$1.25**

Pudding & Pie Filling Jell-well, Choice of Flavors—Regular Package **13¢**

**SS Applesauce** 16-oz. Can **29¢**

**Mandarin Oranges**  
Town House  
Segments—11-oz. **25¢**

**Home & Family Needs**

**SS Split Pea Soup** Green, Andersen's—15-oz. **29¢**

**Italian Cut Green Beans** Del Monte—16-oz. **29¢**

**Libby Nectars** Apricot—4-Pack of 5 1/2-oz. Cans (Peach 72¢) **76¢**

**Cranapple Juice** Ocean Spray—48-oz. **76¢**

**Non-Fat Dry Milk** Skylark—1/2-lb. Loaf **\$1.83**

**Oatmeal Bread** Lucerne—12 Quart Size Pkg. **45¢**

**Seven Grain Bread** No Artificial Preservatives Added—1 1/2-lb. Loaf **59¢**

**Ovaltine** Plain or Chocolate—12-oz. Jar **79¢**

**Tomato Paste** Hunts—12-oz. Can **37¢**

**Corn Flakes** Safeway Brand—18-oz. Package **37¢**

**U.S. No. 1 RUSSET POTATOES**  
10 Lb. Bag **69¢**

**Mushrooms** **69¢**  
Brown—Fresh  
California Grown Lb.

**Fancy Bananas** Golden Ripe, Green Tipped—Lb. **13¢**

**Large Artichokes** California Grown **4 for \$1**

**Head Lettuce** Western Iceberg Variety **4 for \$1**

**Caramel Apples** A Lunch Box Treat **2 for 29¢**

**Crisp Celery** Clean, Green Stalks—Each **29¢**

**Salad Tomatoes** Just Right for Slicing 2-lb. Basket **49¢**

**Crenshaw Melons** Large Size—Each **98¢**

**Honeydew Melons** Large Size—Each **49¢**

**RED DELICIOUS APPLES**  
**8 Lb. Bag \$1**

Items and Prices available October 3, Through October 9, 1973 in all Safeway Stores listed below.



**DISCOUNT with a DIFFERENCE**



**SAFEWAY**

SEASIDE 1720 Fremont Boulevard MARINA Marina Village Shopping Center